

Trainer Profile

Arun Sasi



HR Professional,
Consultant
Psychologist, Corporate
Trainer, Career Mentor,
Life Coach

Professional Summary

20 plus years of experience in various domains of Human Resource Management Training and Development, Business Management, Administration and Business Development, Coaching and Counselling and Consultant Psychologist.

Interventions spans across business sectors like HR services and consultancy, Garment Manufacturing, Realty and Banking Sectors.

Passionate Actor with a presence in theatres, ad films and short films



Academic Background & Certification

- MA Psychology
- PGDM (HR & Marketing)
- Executive Development Programme in Labour Law from XLRI, Jamshedpur
- IIT certified in Soft Skills and Personality Development
- Certified in Counselling Psychology, Certified Life Coach
- Certified Therapeutic Hypnosis practitioner, Behavior Modification Therapist
- Certified Platinum Level Corporate Trainer
- Certified in Stress Management, Emotional Intelligence, Parenting, NLP, Body Language, Graphology, Enneagram and Basic TA